



## ***Your Child's First Dental Visit:***

The American Academy of Pediatric Dentistry recommends that your child's first visit to the dentist be within 6 months after their first tooth appears (usually around 1 year of age).

### **DO:**

- Make the appointment early in the day allowing plenty of time to avoid rushing.
- Play "dentist". Have your child practice opening while you shine a flashlight and count their teeth.
- Try to answer their questions in simple, reassuring terms.

### **DON'T:**

- Expect perfect behavior
- Raise your child's fears by saying "it won't hurt".
- Use bribery or threats to encourage proper behavior

**BE POSITIVE!!!! - Let your child discover how much fun it can be to have healthy teeth!!!!**